



VIRTUE=STRENGTH.™



RESPECT

The strength to show honor and goodness toward others, recognizing their talents.



VIRTUE=STRENGTH.™

RESPECT

“TREAT OTHERS THE WAY
YOU WANT TO BE TREATED.”

VISITORS REPORT
TO MAIN OFFICE
RIGHT, DOWN HALL,
FIRST RIGHT, FIRST RIGHT

CAUTION
FLOOR SLIPPERY
WHEN WET



VIRTUE=STRENGTH.

RESPECT

OPENING PRAYER

Lord, thank You for giving us the opportunity to gather and learn about the virtues.

Help us to do it for your glory and honor.

May we grow stronger in the virtue of RESPECT today and develop the habit of looking for ways to do good for others.

Does anyone have any prayer intentions?

Who wants to lead us in a Hail Mary?

VIRTUE=STRENGTH.™

RESPECT

DEFINITION

This week our strength building on the virtue of LOVE FOR NEIGHBOR is RESPECT.

The strength to show honor and goodness toward others, recognizing their talents.

THE GOLDEN RULE

Treat others the way you want to be treated.

“Do unto others
as you would have them do unto you.”

Matthew 7:12





Please
Don't
Litter

ALPHABET MANNERS

RESPECT

- A — Accept a compliment graciously.
- B — Be on time.
- C — Clean your hands.
- D — Do chew with your mouth closed.
- E — Elbows off the table.
- F — Friendliness to others.
- G — Good grooming shows self-respect.
- H — Hang up your clothes.
- I — Interrupt only for a very important reason.
- J — Join in and include everybody.
- K — Kindness to all living things.
- L — Lend a helping hand.
- M — Magic words: "Please" and "Thank you."
- N — Never point or laugh at others.
- O — Obey the rules.
- P — Pleasant tone of voice is a plus.
- Q — Quiet when others are working or sleeping.
- R — Remember others on special occasions.
- S — Sit up straight.
- T — Thank the host or hostess.
- U — Use your beautiful smile.
- V — Visit a friend who is lonely or sick.
- W — Watch out for little ones.
- X — "X" out bad habits.
- Y — Yawn if you must but cover your mouth.
- Z — Zip your zipper.

RESPECTFUL MANNERS & HAPPINESS

When we act with good manners, we elicit a positive response from other people. We live happier lives — we are more secure, confident, and poised — when we know how to behave. By our courteous behavior, we can help to create a more considerate, gracious, and well-mannered society.

[CLICK HERE FOR GEORGE WASHINGTON'S 110 RULES](#)

By age sixteen, Washington had copied out by hand, 110 Rules of Civility & Decent Behavior in Company and Conversation. They are based on a set of rules composed by French Jesuits in 1595.



VIRTUE=STRENGTH.™



RESPECT

CHALLENGE

Let's put **THIS STRENGTH** into action!

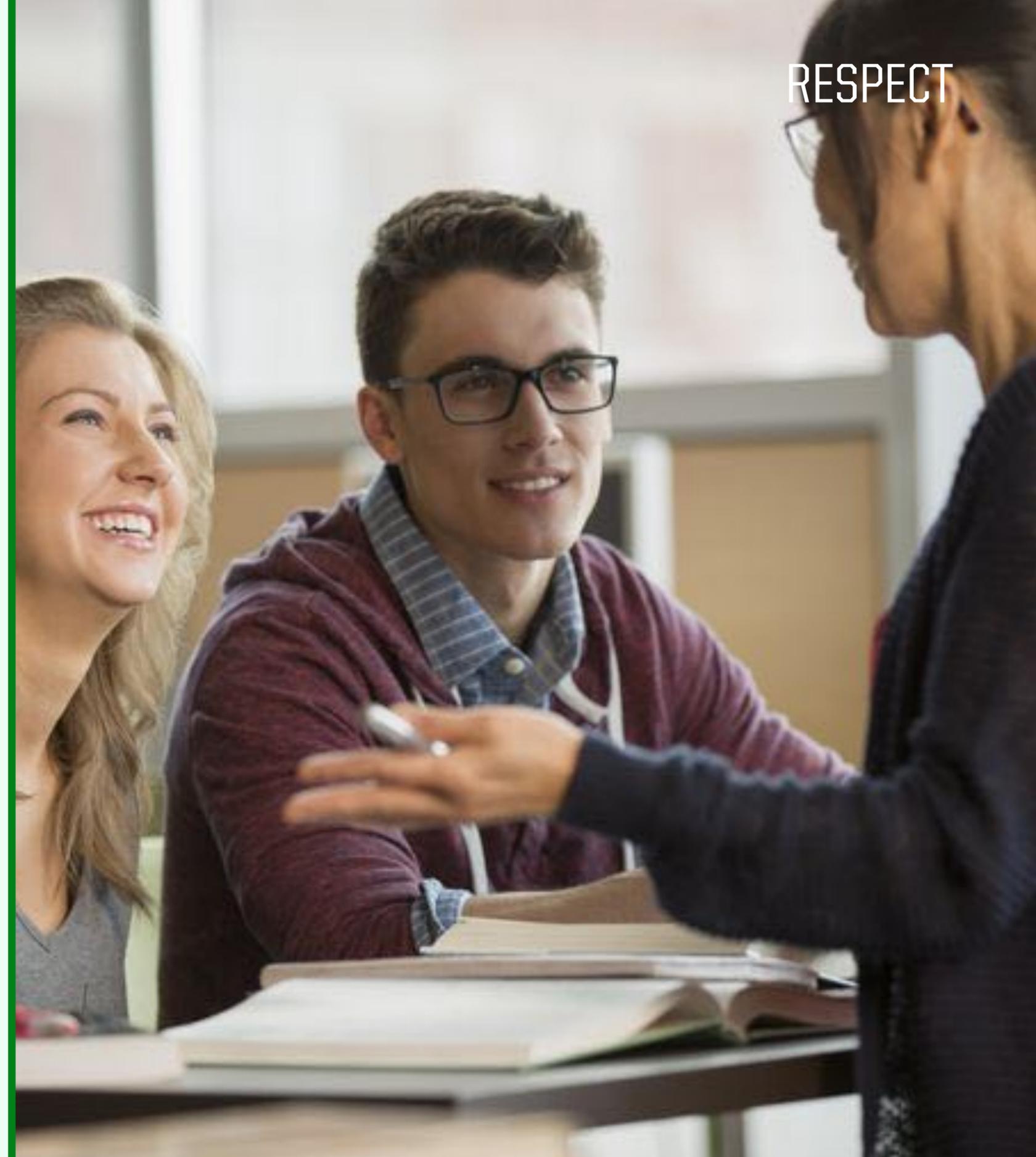
VIRTUE=STRENGTH.™

RESOLUTION

Put your device down or away when someone is talking to you.

Look them in the eye and give them your full attention.

RESPECT



VIRTUE=STRENGTH.™



RESPECT

WHAT DOES RESPECT LOOK LIKE?



VIRTUE=STRENGTH.TM



RESPECT

[CLICK HERE FOR ALL THE RESPECT VIDEOS
IN GOOGLE SLIDES](#)

[CLICK HERE FOR THE
TEACHER & STUDENT VIDEO
WORKSHEETS](#)



VIRTUE=STRENGTH.



RESPECT

WHAT DOES RESPECT SOUND LIKE?

SAINT STORY

SAINT SCHOLASTICA

480-543

February 10

Twins often share the same interests and ideas with an equal intensity. Therefore, it is no surprise that Scholastica and her twin brother, Benedict, established religious communities within a few miles from each other.

Born in 480 of wealthy parents, Scholastica and Benedict were brought up together until he left central Italy for Rome to continue his studies.

Little is known of Scholastica's early life. She founded a religious community for women near Monte Cassino at Plombariola, five miles from where her brother governed a monastery.

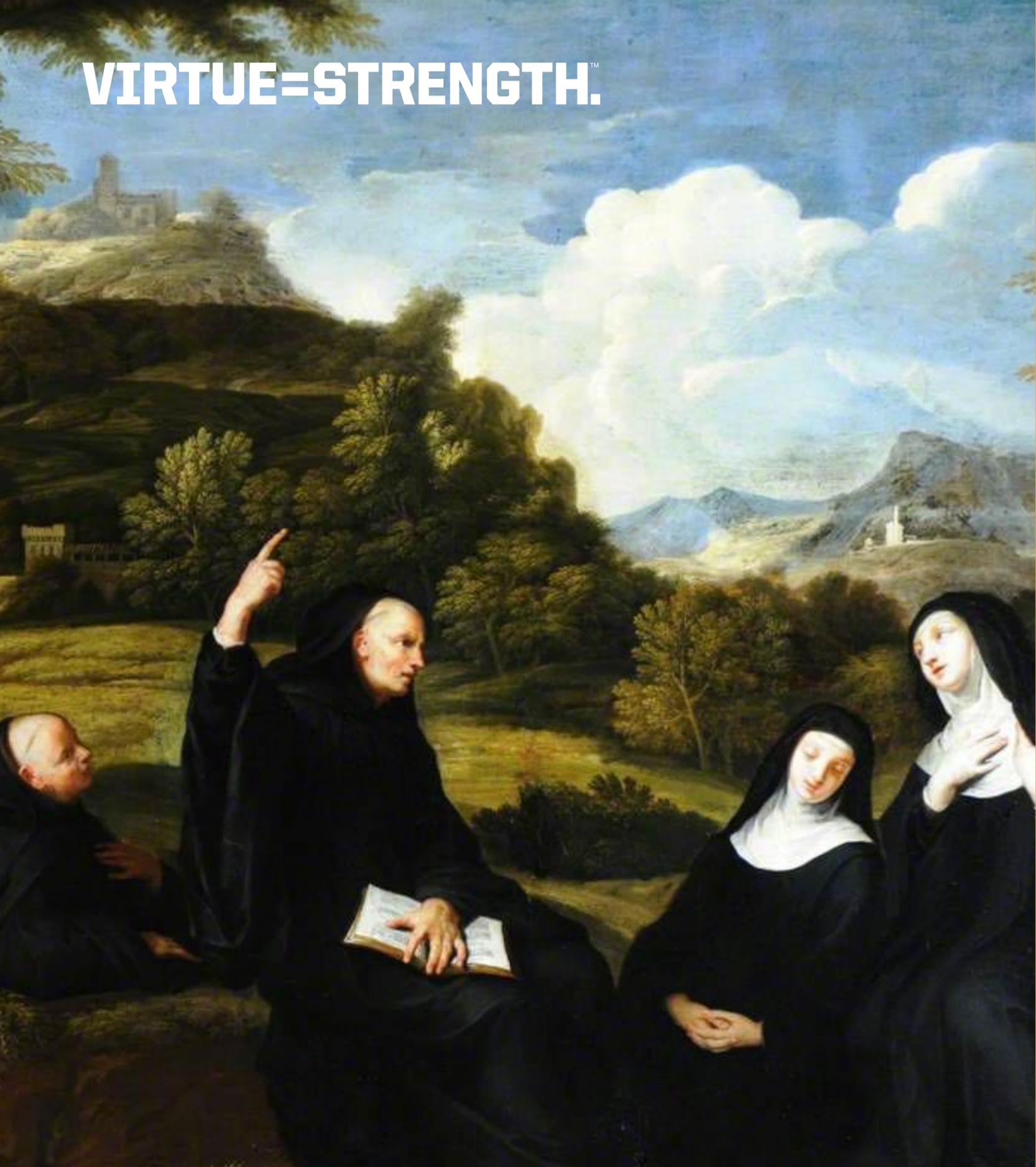
The twins visited each other once a year in a farmhouse because Scholastica was not permitted inside the monastery. They spent these times discussing spiritual matters.

According to the Dialogues of St. Gregory the Great, the brother and sister spent their last day together in prayer and conversation. Scholastica sensed her death was close at hand and she begged Benedict to stay with her until the next day.

He refused her request because he did not want to spend a night outside the monastery, thus breaking his own Rule. Scholastica asked God to let her brother remain and a severe thunderstorm broke out, preventing Benedict and his monks from returning to the abbey.

Benedict cried out, "God forgive you, Sister. What have you done?" Scholastica replied, "I asked a favor of you and you refused. I asked it of God and he granted it."

Brother and sister parted the next morning after their long discussion. Three days later, Benedict was praying in his monastery and saw the soul of his sister rising heavenward in the form of a white dove. Benedict then announced the death of his sister to the monks and later buried her in the tomb he had prepared for himself.



SMALL GROUP DIFFICULT SITUATION
DISCUSSION

A police officer pulls you over.

You were doing the speed limit and you don't know why this is happening.

How should you react and what should you say?



Matthew 19: 13-23

Then children were brought to him that he might lay his hands on them and pray. The disciples rebuked them, but Jesus said, “Let the children come to me, and do not prevent them; for the kingdom of heaven belongs to such as these.” After he placed his hands on them, he went away.

Now someone approached him and said, “Teacher, what good must I do to gain eternal life?” He answered him, “Why do you ask me about the good? There is only One who is good. If you wish to enter into life, keep the commandments.”

He asked him, “Which ones?” And Jesus replied, “ ‘You shall not kill; you shall not commit adultery; you shall not steal; you shall not bear false witness; honor your father and your mother’; and ‘you shall love your neighbor as yourself.’ ”

The young man said to him, “All of these I have observed. What do I still lack?” Jesus said to him, “If you wish to be perfect, go, sell what you have and give to [the] poor, and you will have treasure in heaven. Then come, follow me.”

When the young man heard this statement, he went away sad, for he had many possessions. Then Jesus said to his disciples, “Amen, I say to you, it will be hard for one who is rich to enter the kingdom of heaven.



VIRTUE=STRENGTH.TM

RESPECT

*“Look for Christ our Lord in everyone and you will
then have respect and reverence for all.”*

- St. Teresa of Jesus



VIRTUE=STRENGTH.

RESPECT



*“The young must respect their elders and the
elders must love the young.”*

- St. Benedict

VIRTUE=STRENGTH.[™]

RESPECT

“Give yourselves to God, treat every individual with gentleness and respect, always using kind words and requests.”

- St. Vincent de Paul

A photograph of a white rectangular sign with black text, attached to a weathered wooden post. The sign reads "YOU ARE WORTHY OF LOVE" in large, bold, sans-serif capital letters. The background is a blurred outdoor scene with green foliage and a paved area.

**YOU ARE
WORTHY
OF LOVE**

VIRTUE=STRENGTH.™



RESPECT

*“Disorder in society is the result
of disorder in the family.”*

- St. Elizabeth Ann Seton

VIRTUE=STRENGTH.

RESPECT

*“We do not worship the relics of the martyrs,
but honor them in worship of HIM
whose martyrs they are.*

*We honor the servants in order that the respect
paid to them may be reflected back to THE LORD.”*

- St. Jerome



VIRTUE=STRENGTH.™



VICE

VICE





VIRTUE=STRENGTH.™



DISDAIN

The weakness to treat others with contempt,
scorn or a lack of respect.



VIRTUE=STRENGTH.™



DISDAIN

“TO LOOK DOWN ON.”

WHAT TRIGGERS DISDAIN?

The basic notion of disdain is: “I’m better than you and you are lesser than me.”

The most common trigger for this vice or weakness is an immoral action by a person or group of people to whom you feel superior.

Disdain often leads to anger.

Teenagers often display disdain because they feel that they know better than their parents, teachers or elders.



VIRTUE=STRENGTH.™

VICE

SIGNS OF DISDAIN

- Sarcasm and cynicism in communication with others
- Derisive or insulting humor
- Contemptuous facial expressions (eye rolling, sneering, raising upper lip ...)
- Insults and name calling



VIRTUE=STRENGTH.TM

STEPS TO CONQUER DISDAIN

The most successful ways to overcome disdain are to look for positives and cultivate respect and appreciation.

The biggest secret of a happy life is focusing on the positives.

Disdain grows its ugly roots in an environment where we see others in a constant negative light.

Focusing on the positives will not only make your life better overall, it will also help eliminate disdain and make your relationships better.

The more we appreciate what we have and who we have in our lives, the more we will rid ourselves of disdain.

VICE



CLOSING PRAYER

Thank you, Lord, for the example of so many saints throughout the history of the Church who have have taught us by the words and example the power and beauty of the virtue of RESPECT.

Help us all to be more RESPECTFUL this week by saying something kind about someone else and rejecting the temptation to speak negatively about others.

Amen.



[CLICK HERE FOR THE COLORING PAGE](#)

Imagine how respectful the home at Nazareth was with Jesus, Mary and Joseph.

How would they have treated each other and spoken with one another?

What kind of neighbors do you think they were?

Imagine living next door to the Holy Family.



VIRTUE=STRENGTH.™



STUDENT LEADER VIRTUE AWARD

RESPECT

This certifies that

Helped lead our school with their virtuous example.

The strength to show honor and goodness toward others,
recognizing their talents.



VIRTUE=STRENGTH.™

STUDENT LEADER VIRTUE AWARD

RESPECT

This certifies that

Helped lead our school with their virtuous example.

The strength to show honor and goodness toward others,
recognizing their talents.



VIRTUE=STRENGTH.™

STUDENT LEADER VIRTUE AWARD

RESPECT

This certifies that

Helped lead our school with their virtuous example.

The strength to show honor and goodness toward others,
recognizing their talents.